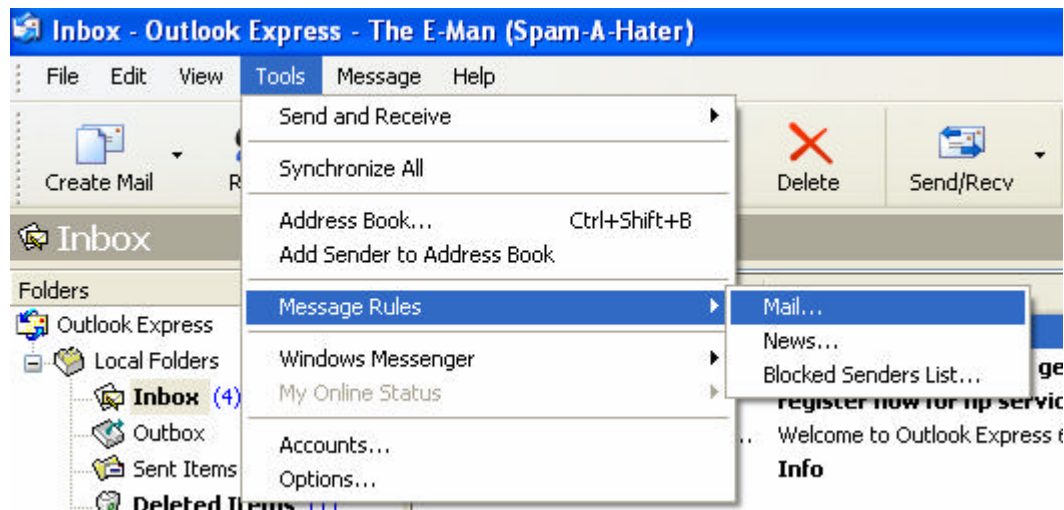


Spam-A-Hater Documentation

Simple Steps to Avoid Unwanted e-mails:

- 1- Creating a "Message Rule"
- 2- In "Outlook Express", Click on "Tools" "Message Rules" "Mail"



- 3- Click "New" or "Modify", It is best to just modify your existing rule if you already have one started.

1. Select the Conditions for your rule:

- Where the From line contains people
- Where the Subject line contains specific words
- Where the message body contains specific words
- Where the To line contains people

- 4- Check the first three boxes of Section "1.", Select "Delete it" in Section "2."

2. Select the Actions for your rule:

- Move it to the specified folder
- Copy it to the specified folder
- Delete it
- Forward it to people

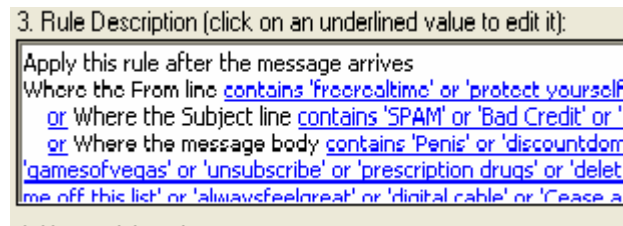
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Edited Last on: 25 November 2003

- 5- In Section “3”, start by adding “Hold” to the “Where the from line” by clicking on the word “contains”, type “hold” click “Add”, then “OK”.



- 6- Next, click on the “and” in front of the “Where the Subject line” and select the lower option “Messages match only one of the criteria”. Click “OK”. If saved correctly the “and”s should now be “or”s



- 7- Next click on the word “contains” following “Where the Subject line”, type “spam” click “Add”, then “OK”.
- 8- Next click on the word “contains” following “Where the message body”, type “viagra” click “Add”, then “OK”.

NOTES:

- Modify your Rule, Do **NOT** create a new rule every time. This creates a burden to maintain or remove things you’ve found that you’re missing because of blocked words or phrases.
- Be Name Specific in the “Contains people” section. For instance: Cordon Blue, not cblue@yabbadoo.com. Spamsters often just change their e-mail using the same “From” name.
- Last, but not least, use the “**Apply Now...**” button to see if the message disappears, if not, review your criteria.